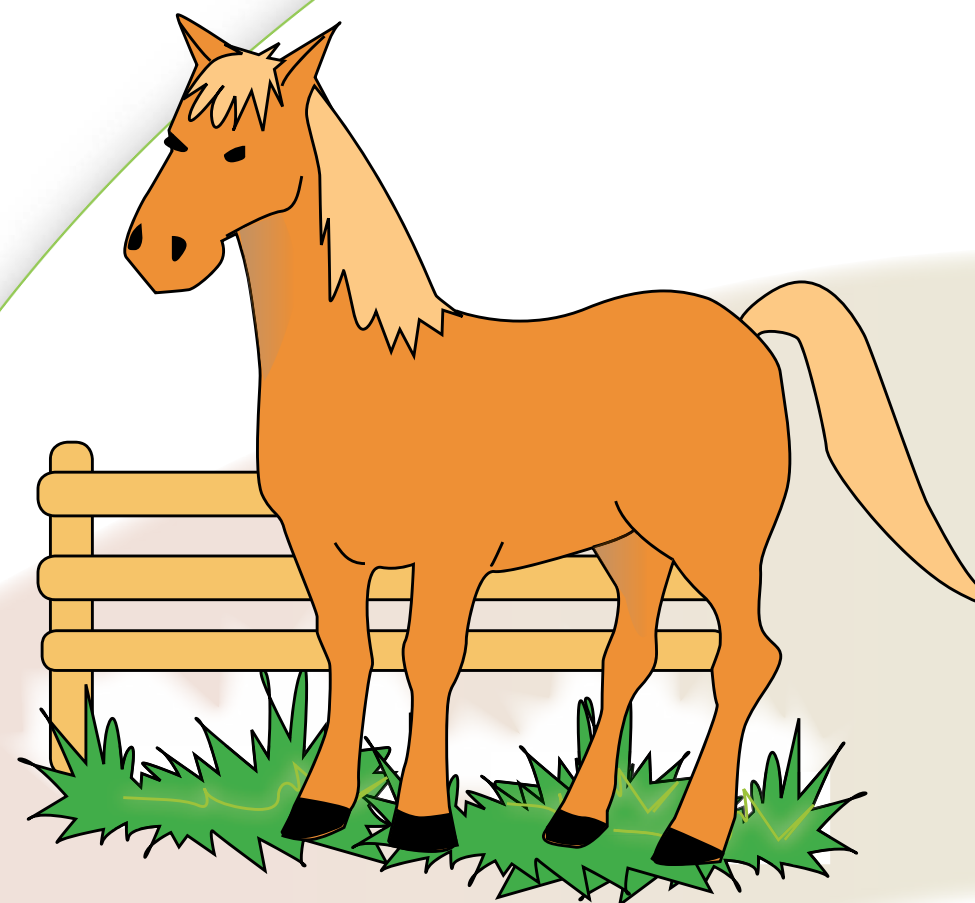


# for FASTER compost equal volumes of browns & greens



## browner carbons (colder)

- shrub trimmings
- dried garden debris
- corn stalks
- leaves
- wood chips
- bark
- oak leaves
- rice hulls
- pine needles
- spent flowers
- peanut shells
- 100% cotton or wool undyed fabric
- oat straw
- aged horse manure & bedding
- wheat straw
- cardboard & newsprint, uncoated paper, paper napkins, paper bags, coffee filters



**Fresh horse manure** will compost by itself —perfect balance of browns & greens containing the perfect amount of moisture

## greener nitrogens (hotter)

- fruit & vegetable scraps
- fresh garden trimmings
- fresh grass clippings *without herbicides or pesticides*
- pond weeds
- fresh poultry manure
- spent flowers
- cover crops
- coffee & tea grounds
- urine
- fresh cow manure
- hair, wool, fur, fingernails, toenails, feathers
- alfalfa or grass hay
- blood/bone meal
- crushed egg shells
- weeds *before gone to seed*
- fresh sheep, llama, alpaca, goat manure



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**Do not use charcoal briquettes**—they contain sulfur oxides and other chemicals that are toxic to soil and plants.  
**Do not use manures from humans, dogs, cats or pigs**—they may contain pathogenic bacteria, viruses and parasites that require prolonged high temperatures to be destroyed.